



Camp Caterpillar is a mini camp for children who have experienced the death of a loved one. Camp will be held at the **Children's Bereavement Center – Rio Grande Valley** where we believe every grieving child is on a journey. Their path may begin with pain and loss but on the journey toward healing they can reclaim memories and laughter and discover courage within themselves.

When is Camp Caterpillar?

This year camp will be a two day camp. Camp begins 8:15 a.m. to 5:00 p.m. on Monday, March 11, 2019. The second day of camp will be from 8:15 a.m. to 5:00 p.m. on Tuesday, March 12, 2019. Drop off times on Monday, March 11, 2019 and Tuesday, March 12, 2019 will be from 7:30 a.m. to 8:15 a.m. Pick up times on Monday, March 11, 2019 and Tuesday, March 12, 2019 will be from 5:00 p.m. to 5:30 p.m.

What Camp Caterpillar cost?

Camp Caterpillar is free for campers. Campers will also receive a camp T-shirt and other items that they will keep as their own after camp.

Where is Camp Caterpillar held?

Camp Caterpillar will be held at the Children's Bereavement Center – Rio Grande Valley. The Center provides free peer support groups to youth and families to help normalize feelings, share experiences, and grieve following the death of a loved one. Our beautiful homelike setting provides a safe, nurturing environment conducive to healing. We are located at 2302 S. 77 Sunshine Strip, Ste. 202 Harlingen, TX 78550.

What will campers do?

At Camp Caterpillar campers will play, have fun, and make new friends with other children who have also lost a loved one. They will also participate in sharing circles and learn it is okay talk about their experience. They will engage in recreational and expressive activities to help process the feelings of grief.

How to apply for Camp Caterpillar

Campers must be boys or girls age 7-11 who have experienced the death of a parent, brother or sister, aunt, uncle, or grandparent. You can get an application from your child's counselor or the Children's Bereavement Center. Once you have completed the information, return it to the Children's Bereavement Center - Rio Grande Valley by **Friday, February 15, 2019.** After we have received your application, one of our staff from the Children's Bereavement Center will call you for a phone interview.

Transportation

Families must provide transportation for their campers to and from camp. Children must be picked up from the Children's Bereavement Center between 5:00 p.m. and 5:30 p.m.

Parent and Camper Meeting

Parents, guardians, and interested campers must attend a <u>mandatory</u> Camp Caterpillar Meeting at the Center on Friday, March 8, 2019, 5:30pm – 7:00pm. This is your opportunity to tour the Center, meet our camp staff, and ask questions.

For questions or additional information, contact us at (956) 368-4065