## **Resource List for Parents**

 Assistance for Mental Health Services and Substance Abuse Texas Tropical Behavioral Center 1-800-813-1233 http://www.ttbh.org/

**Behavioral Health Solutions** 1-800-748-3577 https://www.bhsst.org/

Assistance for Grief Support Counseling for children & adults

Children's Bereavement Center of South Texas

Phone: (956) 368-4065 https://cbcst.org/

Counseling and victim services for child abuse and child sexual abuse victims

1-800-580-4879 Mujeres Unidas CASA of Hidalgo County 956-381-0346 Child Advocacy Center 956-287-9754

Assistance for Domestic Violence Victims

1-800-580-4879 **Mujeres Unidas** National Domestic Violence Hotline 1-800-799-7233

• Assistance for Human Trafficking Victims

Common Thread Program (Minors & Adults) 1-888-884-7323 **National Human Trafficking Hotline** 1-888-373-7888

• Assistance for Runaways

1-800-786-2929 **National Runaway Safeline** 

- Assistance for Batterer's Intervention Prevention Program for Anger Management 1-800-580-4879 **Mujeres Unidas** 
  - Assistance for Parenting Classes

**Behavioral Health Solutions** 1-800-748-3577

Assistance for Autism, Physical Therapy, and Cognitive Therapy

**Easter Seals** (956)631-9171

https://www.easterseals.com/rgv/

Assistance with Social Services, Food, Housing, Medication and other resources please call 211